



COVID-19 SAFETY PLAN

Association	Volleyball Tasmania, affiliated associations and clubs	
Location/venue	Various	
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Version & Date	1.1	25 June 2020
Dean Young is responsible for this document		

Template Instructions

1. The Australian Institute of Sport (AIS) has published a “Framework for Rebooting Sport in a COVID-19 Environment” to inform the resumption of sporting activity in Australia, including community sport. Sport Australia has separately developed a “Return to Sport Checklist for Clubs and Associations” that provides operational guidance to local sporting clubs and associations on considerations that should be taken into account to appropriately resume sport and club operations.
2. To support the AIS and Sport Australia return to sport documents, Sport Australia has developed this COVID-19 Safety Plan template. This template can be used by associations and clubs to consolidate their planning for the resumption of activities at its club. Your association/club should review the Sport Australia Checklist and document its operational requirements for return to sport in the Appendix to this COVID-19 Safety Plan.
3. Yellow highlighting within brackets i.e. [] indicates further information is required from an association/club prior to finalising and adopting the COVID-19 Safety Plan. Before finalising, insert relevant information where highlighted in yellow and delete these template instructions.
4. Your association/club’s COVID-19 Safety Plan should be appropriately ratified within your club’s governance arrangements and regularly reviewed to ensure it remains fit for purpose and aligned with the AIS Framework, government restricted activity measures, public health advice and health and safety laws.
5. **DISCLAIMER:** This template does not constitute legal or health and safety advice. A club should take its own professional advice regarding the development and contents of its COVID-19 Safety Plan.

Version Control

Version No.	Date	Author	Comments/changes
0.1	3 June 2020	Steve Ibbott	First draft for review
0.2	4 June 2020	Steve Ibbott	Revisions following VTAS Board and CSR review: <ul style="list-style-type: none">- Spectators (4.1)- Stage 3 review (4.3)
1.0	9 June 2020	Steve Ibbott	Revision following CSR final review
1.1	25 June 2020	Steve Ibbott	Add content relating to stage 3 (level C) reboot

Table of Contents

Template Instructions	2
Version Control	2
1. Introduction	4
2. Key Principles	4
3. Responsibilities under this Plan	5
4. Return to Sport Arrangements	5
4.1 AIS Framework Arrangements	5
4.2 Roadmap to a COVIDSafe Australia	6
4.3 Review of this plan	6
5. Recovery	6

1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by Volleyball Tasmania to support its member associations, clubs and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of volleyball activity, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at all applicable venues.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Volleyball Tasmania's return to sport plans
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19
- Training (stage 2) and full competition (stage 3) cannot resume until the arrangements for sport operations and facility operations are finalised and approved
- At every stage of the return to sport process, Volleyball Tasmania and all affiliated associations and clubs must consider and apply all applicable State Government and local restrictions and regulations. All volleyball groups must be prepared for any localised outbreak at facilities they attend, within their competitions or in the local community.

3. Responsibilities under this Plan

Volleyball Tasmania retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Board of Volleyball Tasmania is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up-to-date information from government and public health officials.

The Board has appointed the following person as the Volleyball Tasmania COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

Name	Dean Young
Contact Email	safety@volleyballtasmania.com.au
Contact Number	0421 848 836

Volleyball Tasmania expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time
- Understand and act in accordance with this Plan as amended from time to time
- Comply with any testing and precautionary measures implemented by Volleyball Tasmania, its affiliated associations or clubs
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms

4. Return to Sport Arrangements

At the time of writing this plan, participants are training at Level B of the AIS Framework. The Plan outlines specific sport requirements that Volleyball Tasmania will implement for Level C of the AIS Framework, applicable from 12pm on 26 June 2020. This means the following are permitted:

- full training
- full competition
- use of change rooms and other shared facilities (though this should be limited to a needs basis)

However, changed behavioural expectations exist for all training and competitions as follows:

- avoid close physical contact such as hugging, high five/ten (it is acknowledged that some physical contact can occur during play)
- captains and officials shall not shake hands prior to a match
- on completion of a match, players shall not shake hands; rather they shall stand along the attach (3m) line and acknowledge both teams/coaches and officials by clapping or other appropriate gesture

Volleyball Tasmania will sanction the training/competition activities at Level C of the AIS Framework when permitted under local restrictions and regulations, and continue to apply the strict hygiene practices established throughout the transition period from Level A and Level B. Volleyball Tasmania training guidelines are included as an attachment to this document.

4.1 AIS Framework Arrangements

The protocols for conducting sport operations and facility operations under Level B and Level C of the AIS Framework are available on the AIS website: <https://ais.gov.au/health-wellbeing/covid-19>

This framework includes all persons present at venues: participants, coaches, officials and spectators.

General spectator requirement: separate spectators from athletes. Gathering limits will be 500 people (including athletes and support staff) in an undivided space outdoors and 250 people for an undivided space in an indoor premises, or a maximum of one person per 2 square metres under the density limit, whichever is less.

4.2 Roadmap to a COVIDSafe Australia

Volleyball Tasmania will also comply with the Tasmanian government's [Roadmap to Recovery](#), specifically the [guidelines for sport, exercise and recreation](#), which describe the type of activity that can be conducted and the number of people who can gather at facilities. Note the following restrictions adapted from the AIS Framework (see below).

Activities	Level A:	Stage 1-2 / Level B:		Stage 3 / Level C:	
Roadmap Activities	N/A	Step 1: No indoor activity. Outdoor fitness sessions (up to 10 people including trainer) consistent with AIS Framework.	Step 2: Indoor/outdoor sport up to 20 people (plus coaching staff). Physical distancing (separated 1.5m and density 4m ²).	Step 3: Groups in an undivided space of 500 people outdoors and 250 people indoor, or a density limit of one person per 2 square metres, whichever is less.	Further steps Remain vigilant, follow health guidelines, and facilitate rapid contact tracing if required.
	Training in no more than pairs. Physical distancing required.	Indoor/outdoor activity. Training in small groups up to 10. Physical distancing required.		Full sporting activity (training and competition) allowed. Density limit applies.	

4.3 Review of this plan

This plan shall be reviewed periodically subsequent to stage 3 (Level C) resumption of competition, taking into account health directions of government and public health authorities and local restrictions and regulations. Pending any further easing of restrictions, or local outbreaks, this may include roll-back to Stage 2 or even Stage 1.

5. Recovery

When public health officials determine that the outbreak has ended in the local community, Volleyball Tasmania will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. Volleyball Tasmania will also consider which protocols can remain to optimise good public and participant health.

At this time, the Board of Volleyball Tasmania will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

Note: all training activity is subject to Tasmanian public health directions

Stage 1: 18 May	Stage 2: 5 June	Stage 3: 26 June
Outdoor fitness sessions are permitted where physical distancing can be maintained for groups of a maximum of 10 people. No shared equipment.	Indoor training can resume with groups of up to 20 people (plus coaching staff) -Skill sessions only- Note: 20person limit/venue 17 June: 80person limit/venue	Full indoor training and competition available, with maximum numbers of 500 (outdoor) and 250 (indoor) or density limit of 2m ² per person.

Conduct of Training and Competition: Stage 3

A **designated person** (includes competition managers, coaches and officials) at every session shall be responsible for ensuring that:

- Appropriate change-over process is followed (adhere to venue specific rules)
- Record of attendance is maintained to assist contact tracing [note: clubs may assist in this process and information must be stored for 21 days]
- Hand sanitiser is available for all attendees
- Density limit (2m² space per person) is maintained
- Any attendee who exhibits flu-like symptoms leaves the training venue immediately and contacts a COVID screening centre or the Tasmanian Public Health Hotline 1800 671 738
- All shared equipment is cleaned at the start and end of each session with appropriate disinfectant (e.g. posts/covers, balls/carts, platforms, common surfaces such as door handles)
- All attendees are aware of venue specific COVID safety measures and protocols (checklist)
- All attendees understand their responsibilities while participating

Participant Behaviour: Stage 3

IMPORTANT: if you or a member of your household exhibits flu-like symptoms, you **must not** attend the venue and should contact a COVID screening centre.

All attendees (athletes, coaches or otherwise) shall:

- Abide by these and Tasmanian public health COVID Safe guidelines
- Limit their time at the venue beyond that required to train, play or officiate
- Maintain appropriate hygiene, including –
 - Bring full water bottle(s) sufficient for each session to reduce use of water fountains etc.
 - Practice hand hygiene, cover coughs and sneezes and remain vigilant for flu-like symptoms
 - Wash/disinfect hands before entering and leaving the venue
 - Not share equipment beyond that required to play/train (e.g. no sharing of water bottles, strapping tape, whistles, therabands, ice packs etc.)
 - Advise your coach, club/administration and contact COVID screening services if you begin to exhibit COVID symptoms
 - Limit use of change rooms including showers to necessity
 - Avoid close physical contact such as hugs, high fives, hand shakes

References

Tasmanian Public Health corona virus website: www.coronavirus.tas.gov.au

Tasmanian Government Road map: www.coronavirus.tas.gov.au/families-community/roadmap-to-recovery

Covid-19 Safety Plans: www.worksafe.tas.gov.au/topics/Health-and-Safety/safety-alerts/coronavirus/covid-safe-workplaces-framework

AIS Return to Sport guidelines: www.ais.gov.au/health-wellbeing/covid-19#ais-framework-for-rebooting-sport

